

March Madisonville Center



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>3</p> <p>9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Bingo</p> | <p>4</p> <p>CENTER CLOSED</p> | <p>5</p> <p>9:00 Coffee and Conversations 10:00 Line Dancing with The Y 12:30 Painting with Ferris</p> | <p>6</p> <p>9:00 Coffee and Conversations 10:30 – 11:15 Exercise</p> | <p>7</p> <p>9:00 Coffee and Conversations 9:30 Games with Friends</p> |
| <p>10</p> <p>9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Presentation & Bingo with American Red Cross</p> | <p>11</p> <p>9:00 Coffee and Conversations 10:30 – 11:15 Exercise</p> | <p>12</p> <p>9:00 Coffee and Conversations 10:00 Line Dancing with The Y 11:00 Presentation with Attorney General</p> | <p>13</p> <p>9:00 Coffee and Conversations 10:30 – 11:15 Exercise</p> | <p>14</p> <p>9:00 Coffee and Conversations 9:30 Games with Friends</p> |
| <p>17</p> <p>9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Presentation and Trivia with Bagnell & Son</p> | <p>18</p> <p>9:00 Coffee and Conversations 10:30 – 11:15 Exercise</p> | <p>19</p> <p>9:00 Coffee and Conversations 10:00 Line Dancing with The Y 12:30 Painting with Ferris</p> | <p>20</p> <p>9:00 Coffee and Conversations 10:30 – 11:15 Exercise</p> | <p>21</p> <p>9:00 Coffee and Conversations 9:30 Games with Friends 10:30 Presentation & Bingo with Summerfield</p> |
| <p>24</p> <p>9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Presentation and Bingo with Northshore Rehab</p> | <p>25</p> <p>9:00 Coffee and Conversations 10:30 – 11:15 Exercise</p> | <p>26</p> <p>9:00 Coffee and Conversations 10:00 Line Dancing with The Y 11:00 Presentation with The STP Library</p> | <p>27</p> <p>9:00 Coffee and Conversations 10:30 – 11:15 Exercise</p> | <p>28</p> <p>9:00 Coffee and Conversations 9:30 Games with Friends</p> |
| <p>31</p> <p>9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Presentation & Bingo with Ochsner</p> | | | | |

Activity Center Manager: Jackie
 Monday – Thursday 8am-2pm Friday 8am – 1pm
 985-323-6055
 403 St. Francis St | Madisonville

Lunch Served Daily: 11:30am



COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.

www.coastseniors.org

985-892-0377