


# January

## Madisonville Center



| Monday  | Tuesday   | Wednesday  | Thursday   | Friday  |
|---|---|--|--|---|
|   |   | 1<br><b>CENTER CLOSED</b><br>                                 | 2<br>9:00<br>Coffee and Conversations<br><b>10:30 – 11:15</b><br>Exercise  | 3<br>9:00<br>Coffee and Conversations<br><b>9:30</b><br>Games with Friends  |
| 6<br>9:00<br>Coffee and Conversations<br>9:30<br>Games with Friends<br><b>10:00</b><br>Bingo                                    | 7<br>9:00<br>Coffee and Conversations<br><b>10:30 – 11:15</b><br>Exercise<br><b>10:00</b><br>Coffee and Conversations<br>with The Fussell Group | 8<br>9:00<br>Coffee and Conversations<br><b>10:00</b><br>Line Dancing with The Y<br><b>11:00</b><br>Presentation with Attorney General         | 9<br>9:00<br>Coffee and Conversations<br><b>10:30 – 11:15</b><br>Exercise  | 10<br>9:00<br>Coffee and Conversations<br><b>9:30</b><br>Games with Friends |
| 13<br>9:00<br>Coffee and Conversations<br>9:30<br>Games with Friends<br><b>10:00</b><br>Presentation and Bingo with EJ Fielding | 14<br>9:00<br>Coffee and Conversations<br><b>10:30 – 11:15</b><br>Exercise  | 15<br>9:00<br>Coffee and Conversations<br><b>10:00</b><br>Line Dancing with The Y<br><b>12:30</b><br>Painting with Ferris Hotard               | 16<br>9:00<br>Coffee and Conversations<br><b>10:30 – 11:15</b><br>Exercise | 17<br>9:00<br>Coffee and Conversations<br><b>9:30</b><br>Games with Friends |
| 20<br><b>CENTER CLOSED</b><br>For<br><b>Martin Luther King Holiday</b>  | 21<br>9:00<br>Coffee and Conversations<br><b>10:30 – 11:15</b><br>Exercise  | 22<br>9:00<br>Coffee and Conversations<br><b>10:00</b><br>Line Dancing with The Y<br><b>11:00</b><br>Presentation with CaptionCall             | 23<br>9:00<br>Coffee and Conversations<br><b>10:30 – 11:15</b><br>Exercise | 24<br>9:00<br>Coffee and Conversations<br><b>9:30</b><br>Games with Friends |
| 27<br>9:00<br>Coffee and Conversations<br>9:30<br>Games with Friends<br><b>10:00</b><br>Bingo                                   | 28<br>9:00<br>Coffee and Conversations<br><b>10:30 – 11:15</b><br>Exercise  | 29<br>9:00<br>Coffee and Conversations<br><b>10:00</b><br>Line Dancing with The Y<br><b>11:00</b><br>Presentation and Bingo with Bagnell & Son | 30<br>9:00<br>Coffee and Conversations<br><b>10:30 – 11:15</b><br>Exercise | 31<br>9:00<br>Coffee and Conversations<br><b>9:30</b><br>Games with Friends |

Activity Center Manager: Jackie  
Monday – Thursday 8am-2pm Friday 8am – 1pm  
985-323-6055  
403 St. Francis St | Madisonville

Lunch Served Daily: 11:30am



COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.

Website: [www.coastseniors.org](http://www.coastseniors.org)

Phone: 985-892-0377