



Madisonville Center



Monday	Tuesday	Wednesday	Thursday	Friday
2 9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Bingo	3 9:00 Coffee and Conversations 10:30 – 11:15 Exercise 10:00 Coffee and Conversations with The Fussell Group	4 9:00 Coffee and Conversations 10:00 Line Dancing with The Y 12:30 Painting with Ferris Hotard	5 9:00 Coffee and Conversations 10:00 Presentation with Senior Insurance Options 10:30 – 11:15 Exercise	6 9:00 Coffee and Conversations 9:30 Games with Friends
9 9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Bingo	10 9:00 Coffee and Conversations 10:30 – 11:15 Exercise	11 9:00 Coffee and Conversations 10:00 Line Dancing with The Y <i>Hot Cocoa Party</i>	12 9:00 Coffee and Conversations 10:30 – 11:15 Exercise	13 9:00 Coffee and Conversations 9:30 Games with Friends
16 9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Presentation & Bingo with CaptionCall	17 9:00 Coffee and Conversations 10:30 – 11:15 Exercise	18 9:00 Coffee and Conversations 10:00 Line Dancing with The Y 12:30 Painting with Ferris Hotard	19 9:00 Coffee and Conversations 10:30 – 11:15 Exercise	20 9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Presentation with Southern Retinal Institute
23 9:00 Coffee and Conversations 9:30 Games with Friends 11:00 Presentation and Bingo with Dentists of Mandeville	24 CENTERS CLOSED HAPPY HOLIDAYS	25 CENTERS CLOSED HAPPY HOLIDAYS	26 9:00 Coffee and Conversations 10:30 – 11:15 Exercise	27 9:00 Coffee and Conversations 9:30 Games with Friends
30 9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Bingo	31 9:00 Coffee and Conversations 10:30 – 11:15 Exercise			

Activity Center Manager: Jackie
 Monday – Thursday 8am-2pm Friday 8am – 1pm
 985-323-6055
 403 St. Francis St | Madisonville

Lunch Served Daily: 11:30am



COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.

Website: www.coastseniors.org

Phone: 985-892-0377