





2024

Lacombe Activity Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:00 Coffee & Conversation 10:30 Strength & Balance	3 9:00 Coffee & Conversation 10:00 Beanbag Baseball	4 9:00 Coffee & Conversation 10:30 Strength & Balance	5 9:00 Coffee & Conversation 10:00 Beanbag Baseball	6 9:00 Coffee & Conversation 10:30 Strength & Balance
9 9:00 Coffee & Conversation 10:30 Strength & Balance	10 9:00 Coffee & Conversation 10:00 Presentation W/ Tandem	11 9:00 Coffee & Conversation 10:30 Strength & Balance	12 9:00 Coffee & Conversation 10:00 Presentation W/ Affordable Dentures	13 9:00 Coffee & Conversation 10:30 Strength & Balance
16 9:00 Coffee & Conversation 10:30 Strength & Balance	17 9:00 Coffee & Conversation 10:00 Presentation W/ Senior Medicare Patrol	18 9:00 Coffee & Conversation 10:30 Strength & Balance	19 9:00 Coffee & Conversation 10:00 Beanbag Baseball	20 9:00 Coffee & Conversation 10:30 Strength & Balance
23 9:00 Coffee & Conversation 10:30 Strength & Balance	24 Center Closed 	25 Center Closed 	26 9:00 Coffee & Conversation 10:00 Bingo W/ Summerfield	27 9:00 Coffee & Conversation 10:30 Strength & Balance
30 9:00 Coffee & Conversation 10:30 Strength & Balance	31 9:00 Coffee & Conversation 10:00 Beanbag Baseball			

Activity Center Manager: Scherell Thompson

Monday – Friday 9am – 1:45pm

61720 HWY 434 Lacombe, LA 70445

COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.

Website: www.coastseniors.org

Phone: 985-892-0377

Lunch is served daily at 11:00 A.M
Lunch must be pre-registered the day before by 9:00.





Painting with Ferris Hotard

FREE 1HR PAINTING CLASS

**PARTICIPANTS ARE REQUIRED TO
BRING THEIR OWN PAINTING SUPPLIES
(BRUSHES & PAINTS) AN 11X14 CANVAS
PER CLASS**

1ST & 3RD TUESDAY @12:30

COAST SLIDELL ACTIVITY CENTER

**FOR MORE INFORMATION
CONTACT VALENA AT THE SLIDELL ACTIVITY
CENTER**

